



**PARENT PRESENTATION BY
ROANOKE COUNTY PUBLIC SCHOOLS
LIFE COUNSELORS**

TEEN MENTAL HEALTH

Fact: 1 in 5 children ages 13-18 have or will have a serious mental illness.

- Learn about signs and symptoms of children's mental health issues.
- Learn about adolescent responses to stress and trauma.
- Learn more about risk factors for substance use.
- Learn about what you can do to support your child's mental health.
- Learn how to promote resiliency through protective factors.
- Learn about what is available for support in the school and community.



Presentation

Oct. 5, 2021

CSHS Auditorium

6:00-7:00 PM

**Masks and social
distancing
required**

**Virtual
Presentation**

Nov. 1, 2021

6:00-7:00 PM

<https://rcps.webex.com/join/akking>

**Please feel free to
attend either
evening that is
most convenient to
you!**